

Paradigm Shift

EMMAUS ROAD COURSE



Exploring God's design for
community, business
and family

TRAINER CURRICULUM

Emmaus Road Course

By Jedd Schroy, Janelle Schroy & Eric Fenton

First edition, August 2009.

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Written by Jedd Schroy, Janelle Schroy and Eric Fenton

Edited by Janelle Schroy, Jedd Schroy, Elizabeth S. Bennett, Gregory Skowronski, Michelle Livie, Cate Carroll and Eric Fenton

Cover design by Estelle Home

Course visuals and illustrations by Jonathan Dockery

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Dedication

This course is dedicated to every entrepreneur who believes in their own talents and abilities enough to take this course, apply its learning and reap the rewards of good planning and hard work for generations to come.

It is you who deserve every opportunity life has to offer.
We pray God's richest blessings pour into your lives for today and his everlasting peace and joy fill your hearts for eternity.

Acknowledgements

Thanks to...

Every church utilising the Paradigm Shift Programme
to make a difference in their local communities.

Without your courage to believe in a new way of approaching development,
this idea would never have taken hold.

Here's to impacting our communities both now and for eternity!

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Location

At a training facility either at the church or in the community

Course Duration

Weekly sessions lasting for 25 minutes each (as part of a one-hour long Weekly Meeting)

Class Size

Minimum: 10

Maximum: 30

Wins

A win for a Weekly Meeting is when 75% of the entrepreneurs attend, feel affirmed, valued and discover practical knowledge.

A win for a *Emmaus Road Course* is when a Life Coach has created an atmosphere of affirmation where entrepreneurs engage God's love and purpose for their life, family and business.

Course Summary

The *Emmaus Road Course* accomplishes a number of goals. First, it is a way for the entrepreneurs to more deeply explore biblical concepts. Secondly, it challenges them to apply these learnings into their lives on a weekly basis. Regardless of each entrepreneur's faith background (or lack thereof), there is something that can be learnt and practised by everyone.

As with all of Paradigm Shift's curricula, the *Emmaus Road Course* is highly interactive and is designed to be comfortable for entrepreneurs who have any level of education, including those with low literacy and those who do not speak English as their first language. The learning happens through exploring, discussing and practising various business skills together. Therefore, no written assessments are expected. Entrepreneurs who are able are encouraged to fill out their Entrepreneur Workbook as much as possible and to complete their Weekly Challenges.

Those who complete the entire course by attending at least 11 out of the 18 sessions receive a Certificate of Discipleship from Paradigm Shift.

Experiential Learning Acronyms

The *Emmaus Road Course* uses several acronyms which the facilitators will see throughout the curriculum. They acronyms are as follows:

TG = Table Groups

The Life Coach asks a question or requests an activity, then hands it to the Table Groups to do together at their tables. These activities are then led by the Table Trainer, who should facilitate interaction without giving away the answer.

TR = Table Representatives (usually follows a TG)

The Life Coach asks a question with the purpose of getting a variety of answers. They do this by asking one person from each table—or from a few tables—to each offer an answer to the whole room.

AT = All Together

The Life Coach asks a question to the entire group and allows people to freely answer if they want to. They should never call someone out directly—it is too embarrassing for them if they don't know the answer. If they want to narrow the field, they should ask someone from a particular Table Group to answer. If no one answers, a Table Trainer should "guess" the answer, so it still feels like it came from the table instead of from the Trainer.

IP = In Pairs

Each person should pick another person with whom to do the activity. Table Trainers should always participate in a pair, but not with each other. People can work in a pair with anyone in the room.

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WBK = Workbook

This indicates that there is something in the Entrepreneur Workbook that relates to what the Life Coach is saying.

MODEL = Model

This indicates that the facilitator should say or do something to show the entrepreneurs what is expected of them so they feel confident in following the instructions to do the activity.

LC TIP = Life Coach Tip

This indicates a note to the Life Coach telling them something important they need to know about facilitating an activity.

TT TIP = Table Trainer Tip

This indicates a note to the Table Trainer telling them something important they need to know about facilitating an activity.

Any questions about the facilitation of this course may be directed to your church's assigned Paradigm Shift Master Trainer or to a Training Specialist at Paradigm Shift's South Africa office.

Paradigm Shift

Website: www.shiftingparadigms.org

Email: training@shiftingparadigms.org

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PURSUING TRUTH AND WISDOM

Session Overview

Introduction to the Emmaus Road Course: 2 minutes
Instant Happiness Versus Wise Choices: 5 minutes
The Path: 5 minutes
Pursuing Truth, Not Happiness: 4 minutes
Becoming Wise: 7 minutes
Scripture Memory Verse: 1 minute
Weekly Challenge: 30 seconds
Prayer: 30 seconds
Total Time: 25 minutes

Theme Connections

Seeking spiritual growth
Relationships with others

Supplies Checklist

- Name tags
- Whiteboard or flip chart
- Whiteboard markers or permanent markers
- Whiteboard eraser
- Pens
- Bibles

Preparation

- Put on a name tag and make sure all facilitation staff have one on as well.
- Write necessary text on the board.
- Put necessary materials on the tables.
- Bookmark the appropriate scriptures in the Bible so they will be easy to find.
- Write down the page numbers for others to follow along.
- Prepare to share an example from your life about when you pursued happiness and it cause you pain.

Write on the board:

PURSUING TRUTH AND WISDOM

Key Learning Points

- My choices determine my direction.
- My direction determines my destination.

Key Scriptures

Proverbs 9:12 on page _____

Ephesians 5:15-17 on page _____

Scripture Memory Verse

“If you become wise, you will be the one to benefit. If you scorn wisdom, you will be the one to suffer.”

Proverbs 9:12

Introduction to the Emmaus Road Course: 2 minutes

1. “The second course we will explore during each Weekly Meeting is called the *Emmaus Road Course*.”
2. “Starting this week, we will be spending 25 minutes of our Weekly Meeting discovering more about what the Bible says about our community, our businesses and our families.”
3. “For those who have already paid for the course, you can open your Entrepreneur Workbook to the *Emmaus Road Course* section.”
4. “We will be exploring topics such as developing our character, understanding money, exploring who God is and what this means in our lives and businesses.”
5. “Be sure to bring your Workbook with you each week so you can make notes and remember everything you’ve discovered. If you forget your Workbook, it will be much more difficult to follow along with the session.”
6. “In your Workbook, there is a page or two for each weekly session. We will be working with you each week to complete these and we’ll answer any questions you have.”
7. “Although the Workbook is in English, feel free to take notes in any language you prefer.”
8. **WBK:** Take a moment to ensure the entrepreneurs are on the Workbook page entitled: “Pursuing Truth and Wisdom.”

TT TIP: Help the entrepreneurs find the right page in their Workbooks.

Instant Happiness Versus Wise Choices: 5 minutes

1. “Today we are going to explore the topic of pursuing truth and wisdom in our lives.”
2. **AT:** “If I want to go to Mozambique, what direction do I need to travel?”
3. Wait for the answer.
4. **AT:** “Would I get to Mozambique if I traveled in the other direction?”
5. Wait for the answer: No, you wouldn’t get to Mozambique!
6. **AT:** “But what if I truly believed I would get to Mozambique, even if I traveled in the wrong direction. Would I get there?”

7. Wait for the answer: No! You still wouldn't get to Mozambique.
8. "One of our goals in this course is to become more wise."
9. "We have to be going in the right direction if we want to end up where we want to go."
10. "No matter how much we want to end up somewhere, we can only get there by going in the right direction."
11. **ROLE PLAY:** Ask for two volunteers. Appoint one volunteer to be the "Wise Entrepreneur" and appoint the other to be the "Instant Happiness Entrepreneur." Have them stand back-to-back so they are facing opposite directions.
12. "Events happen in business where we need to make choices."
13. "I will give three examples and then I will ask a Table Group what they think the 'Wise Entrepreneur' will do and what the 'Instant Happiness Entrepreneur' will do."
14. "Both entrepreneurs want to be wise, but let's see where their decisions lead."
15. "Let's pretend a customer pays too much for a product."
16. **TR:** "What would the 'Wise Entrepreneur' do?"
17. Wait for the answer: The "Wise Entrepreneur" to return the extra amount to the customer.
18. "What would the 'Instant Happiness Entrepreneur' do?"
19. Wait for the answer: The "Instant Happiness Entrepreneur" would keep the extra cash!
20. Ask the volunteers to take one step forward (they should be taking one step away from one another each time they take a step).
21. "Let's pretend some products are badly damaged in transport."
22. **TR:** "Which entrepreneur would sell the damaged products anyway and who would count it as a business loss?"
23. Wait for the answer: The "Wise Entrepreneur" would count it as a business loss. The "Instant Happiness Entrepreneur" would sell the damaged products anyway!
24. Ask the volunteers to take one step forward again.
25. "Now let's pretend our competition is getting more customers. Our entrepreneurs could be dishonest and lie about the quality of their competitor's products giving them more business or they could work harder to provide a better product."
26. **TR:** "What would be a wise choice be for the 'Wise Entrepreneur'? What would be the choice for the 'Instant Happiness Entrepreneur'?"
27. Wait for the answer: The "Wise Entrepreneur" would be honest and work harder. The "Instant Happiness Entrepreneur" would be dishonest and lie.
28. Ask the volunteers to take one step forward again.
29. "Both entrepreneurs had the same goal of being wise."
30. Walk up to the "Wise Entrepreneur".
31. "The 'Wise Entrepreneur' made good choices and is on the path to having a great amount of wisdom."

32. Walk up to the “Instant Happiness Entrepreneur”.
33. “The ‘Instant Happiness Entrepreneur’ made unwise choices and is on the path to being selfish and greedy.”
34. Thank the volunteers.

The Path: 5 minutes

1. “There is a principle we see in our lives: the direction we choose has a destination—the place we end up.”
2. “This may seem simple, that’s because it is! When we walk or ride a bike in the direction of where we want to go, we get there. It works the same in the rest of life.”
3. **VISUAL:** Point to the Key Learning Points on the board.
4. **WBK:** “My choices determine my direction.”
5. **WBK:** “My direction determines my destination.”
6. “Let’s say this last point together, ‘My direction determines my destination.’”
7. **AT:** “Have you ever heard someone say, ‘Eish! How did I end up here!’? Maybe they are talking about a job, a relationship, a debt or another difficult situation.”
8. Wait for the answer: Yes!
9. “As their friend, you may want to say to them, ‘It is clear how you got there! You chose a path that led you there.’”
10. “Sometimes there is a difference between where we want to go and the path we choose, but the path we choose will always win, not our desires.”
11. “I might desire to get to Mozambique, but unless I travel in the right direction, I won’t get there.”
12. **WBK/IP:** “In Pairs, share about a time in your life when you had a difficult choice to make and you chose the right path or changed direction to return to the right path.”

Pursuing Truth, Not Happiness: 4 minutes

1. “The Bible does not tell us to pursue happiness.”
2. “It speaks about the importance of pursuing truth and wisdom.”
3. “Most of the time, our problems are not because we do not have information or understanding.”
4. “Instead, often our problems come because we choose to pursue happiness instead of truth.”
5. “To be wise, we need to have a deep desire to know what is true, what is right and what is good.”
6. “But, we often seek happiness instead. We want to be happy. We want to feel happy. And we want to feel it right now.”
7. “We make decisions that will make us happy right now, in this moment. But the problem with making decisions based on only what makes us happy is that being happy today does not mean we will be happy tomorrow.”
8. **MODEL:** As the Life Coach (LC), give a short example of a time in your life when you pursued happiness and it ended up causing you pain later. If your example can be about business, that would connect well.

LC TIP: Prepare this example in advance so you are ready to share when the time comes.

9. "Without wisdom, decisions that make us happy today may lead to sadness tomorrow."
10. "Pursuing only happiness without wisdom can lead us down the wrong path. We can each look back at our lives and see many examples of this."

Becoming Wise: 7 minutes

1. **AT:** "Who here wants to be wise?"
2. Wait for everyone to raise their hands.
3. "Of course! We all want to be wise in our lives, for our families and in our business decisions. No one wants to make foolish choices."
4. "But we don't always know the right choices to make. To make good decisions, we need to have wisdom."
5. "Let's read Proverbs 9:12, which is on page _____:"
6. Wait for the entrepreneurs to find the scripture in the Bible.
7. **WBK:** Read the scripture our loud from the Bible.

"If you become wise, you will be the one to benefit. If you scorn wisdom, you will be the one to suffer."

Proverbs 9:12

8. **WBK/TG:** "In our Table Groups, let's each share an example from our lives or an example of someone we know who made a choice based on their own happiness, but later this decision caused them pain and sadness."
9. "Let's read Ephesians 5:15-17, which is on page _____:"
10. Wait for the entrepreneurs to find the scripture in the Bible.
11. **WBK:** Read the scripture our loud from the Bible.

"So be careful how you live. Don't live like fools, but like those who are wise. Make the most of every opportunity in these evil days. Don't act thoughtlessly, but understand what the Lord wants you to do."

Ephesians 5:15-17

12. **WBK/TG:** "In our Table Groups, let's take a moment to discuss and write down the places we can find wisdom."
13. Table Trainers (TTs) lead through the following points:
 - We get wisdom from the Bible by reading and studying it.
 - We get wisdom from personal experience by learning by doing.
 - We get wisdom from people we trust by talking with them about their experiences.
14. "Together, during these *Emmaus Road* sessions, we are going to pursue wisdom together and explore God's design for community, business and family."

Scripture Memory Verse: 1 minute

1. **VISUAL:** Read the scripture on the board.
2. Have the TTs point out the Scripture Memory Verse.

Weekly Challenge: 30 seconds

1. “Every week of the training we’re going to have a Weekly Challenge. A Weekly Challenge is something we do to grow! Each of us will be responsible for completing our challenge before we come to the next week’s training.”
2. “In order to graduate from the training, we must complete all the Weekly Challenges in our Workbooks.”
3. “Our Weekly Challenge is to memorise the Scripture Memory Verse.”
4. “It’s also important that we bring our Workbooks with us each week so we’re able to follow along with the training.”
5. “Next week’s session will be on learning to develop our character.”

Prayer: 30 seconds

1. **AT:** Close the meeting in prayer for the entrepreneurs and ask God to give each entrepreneur wisdom for the decisions they make in their businesses. Keep it short and upbeat.
2. This is not a time for personal prayer requests. Some of the entrepreneurs may not be followers of Jesus. The point is to bring closure to the meeting by focusing on God without assuming everyone already has a relationship with him.

PURSUING TRUTH AND WISDOM

Key Learning Points

- My choices determine my direction.
- My direction determines my destination.

A time in my life when I had a difficult choice to make and I chose the right path or changed direction to return to the right path.

“If you become wise, you will be the one to benefit. If you scorn wisdom, you will be the one to suffer.”

Proverbs 9:12

A time in my life or an example of someone I know who made a choice based on happiness, but found the decision to cause pain and sadness.

“So be careful how you live. Don’t live like fools, but like those who are wise. Make the most of every opportunity in these evil days. Don’t act thoughtlessly, but understand what the Lord wants you to do.”

Ephesians 5:15-17

Where I can find wisdom?

1. _____
2. _____
3. _____

Weekly Challenge

Memorise Proverbs 9:12

Scripture Memory Verse

“If you become wise, you will be the one to benefit. If you scorn wisdom, you will be the one to suffer.”

Proverbs 9:12

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CREATED FOR WORK

Session Overview

Affirmation and Follow-up: 1 minute
Introduction to Work: 5 minutes
Work is Service: 3 minutes
Created for Work: 2 minutes
The Bible and Work: 12 minutes
Weekly Challenge: 1 minute
Scripture Memory Verse: 30 seconds
Prayer: 30 seconds
Total Time: 25 minutes

Theme Connections

Character
Work ethic

Supplies Checklist

- Name tags
- Whiteboard or flip chart
- Whiteboard markers or permanent markers
- Whiteboard eraser
- Pens
- Prestick
- Bibles
- Hairdresser visual
- Taxi Driver visual
- Pair of jeans*
- Pair of shoes*

Preparation

- Put on a name tag and make sure all facilitation staff have one on as well.
- Write necessary text on the board.
- Put necessary materials on the tables.
- Bookmark the appropriate scriptures in the Bible so they will be easy to find.
- Write down the page numbers for others to follow along.
- Place Prestick on the back of the visuals and have them easily accessible.

Write on the board:

CREATED FOR WORK

Key Learning Points

- All work is service.
- Work is not a curse, it is something we are created to do.
- We must learn what our talents are and then work to develop them.

Key Scriptures

Proverbs 14:23 on page _____

Proverbs 12:14 on page _____

Scripture Memory Verse

“Wise words bring many benefits, and hard work brings rewards.”

Proverbs 12:14

Affirmation and Follow-up: 1 minute

1. Affirm an entrepreneur by picking a specific example of something he/she has done well and share it with the training room.
2. “Our Weekly Challenge from last session was to work on developing our lowest-scoring entrepreneur characteristic. Is there a volunteer who can share what they did this week to develop their low characteristic?”
3. **WBK:** Take a moment to ensure the entrepreneurs are on the Workbook page entitled: “Created For Work.”

Introduction to Work: 5 minutes

1. “Being an entrepreneur is hard work.”
2. “There are many challenges and sacrifices that entrepreneurs make in order to succeed.”
3. “Building our businesses takes careful planning and many hours, days, months and years.”
4. “Work is a big part of our lives. In fact, most entrepreneurs will spend at least 30% of their time working!”
5. **AT:** “Why do we work?”
6. Wait for the answer: To feed our families, to provide for our needs, to have a better future, etc.
7. **AT:** “How many of us enjoy working?”
8. Wait for the entrepreneurs to respond. If no one responds, repeat the question and ask the entrepreneurs to raise their hands if they enjoy working.
9. **MODEL:** “I enjoy _____ about my work, but I do not enjoy _____.”
10. **TG:** “In our Table Groups, let’s discuss what we enjoy about work and what we do not enjoy about work.”

TT TIP: An entrepreneur may respond to enjoying work with a variety of reasons like: provides for my family, serves the community, gives satisfaction, gives meaning and purpose, etc. An entrepreneur may respond to not enjoying work because it is hard, tiring, frustrating, long, boring, meaningless, gets paid too little, irregular work, etc.

Work is Service: 3 minutes

1. "As entrepreneurs, we provide a service to the community. The community pays us for that service just like we pay for services provided by other entrepreneurs."
2. "I do not know how to sew clothes, so I depend on the work of someone else who knows how."
3. **VISUAL:** Hold up the pair of jeans.
4. "If I pay a tailor R 150 for a pair of jeans, it is a good deal for me because I do not know how to make jeans."
5. **VISUAL:** Hold up the pair of shoes.
6. "In the same way, if I am a shoemaker, I can sell shoes to the tailor and the tailor can sell clothes to me."
7. "So we can see that God made us to depend on one another. We need the work of others in order to live, and they need our work as well."
8. "We see this truth in our community everyday: According to God's design, all work is service."
9. "Through work, we add value to our community and become more connected to one another."

LC TIP: Use the jeans and shoes as visuals for all to see. It is fine if you use what you are wearing to demonstrate the point.

Created for Work: 2 minutes

1. "At creation, God put people into the Garden of Eden and gave them work to do. This was before sin entered the world."
2. "So, work is not a curse. Instead, it is a gift of God and something we were created to do."
3. "Work means being partners with God in his plan. He gives each of us talents to use to serve each other."
4. "Making clothes, providing a food service or teaching children are all examples of businesses that are part of the work God created us to do."

The Bible and Work: 11 minutes

1. "The Bible has much to say about work."
2. "Let's read Proverbs 14:23, which is on page _____:"
3. Wait for the entrepreneurs to find the scripture in the Bible.
4. **WBK:** Read the scripture out loud from the Bible.

"Work brings profit, but mere talk leads to poverty!"
Proverbs 14:23

5. "Turn over a few pages to Proverbs 12:14, which is on page _____:"
6. Wait for the entrepreneurs to find the scripture in the Bible.
7. **WBK:** Read the scripture out loud from the Bible.

"Wise words bring many benefits, and hard work brings rewards."
Proverbs 12:14

1. **VISUAL:** Hold up the Hairdresser visual.
2. **AT:** “What type of work does this person do?”
3. Wait for the answer: She cuts and styles hair.
4. **AT:** “What would happen if all the hairdressers stopped cutting hair?”
5. Wait for the answer: We would have long, unkept hair!
6. Post the Hairdresser visual to the wall.
7. **VISUAL:** Hold up the Taxi Driver visual.
8. **AT:** “What type of work does this person do?”
9. Wait for the answer: He transports people.
10. **AT:** “What would happen if all the taxi drivers stopped transporting people?”
11. Wait for the answer: Eish! We would not be able to get to the places we need to be.
12. Post the Taxi Driver visual to the wall.
13. “Many times the work we do as entrepreneurs becomes a service to the community.”
14. **AT:** “What are some of the dangers of not working?”
15. Wait for the answers: We become lazy, discouraged, frustrated, sad, etc.
16. **AT:** “What are some of the benefits of working?”
17. Wait for the answers: We can provide for ourselves and our families. We feel useful, etc.
18. “Work is God’s way of making sure that everything is cared for and everyone is being useful to others. You have special God-given talents to make this happen!”
19. “We must learn what our talents are and then work to develop the gifts God has given us.”
20. **WBK/TG:** “How can we do that? We can start by asking ourselves a few important questions. Let’s spend a few minutes discussing them.”
 - What do I naturally like to do?
 - What groups of people or what needs do I care about?
 - What kinds of things am I good at doing?
21. “Remember, work is part of God’s plan for us. He wants us to enjoy our work, just like he enjoys his work.”

LC TIP: This can be a funny moment as entrepreneurs think about people who don’t have their hair cut or being stranded because the taxis stopped.

LC TIP: Let the TTs regulate their own tables conversations. If they only get to one point that is fine.

TT TIP: The outcomes of this Table Group discussion will be the basis for the Weekly Challenge.

Weekly Challenge: 1 minute

1. “Every week of the training we’re going to have a Weekly Challenge. A Weekly Challenge is something we do to grow! Each of us will be responsible for completing our challenge before we come to the next week’s training.”
2. “In order to graduate from the training, we must complete all the Weekly Challenges in our Workbooks.”

3. "Our Weekly Challenge for this week will be to find a way to apply our talents into our businesses this week."
4. "It's also important that we bring our Workbooks with us each week so we're able to follow along with the training."
5. "Next week's session will be on our views of money"

Scripture Memory Verse: 30 seconds

1. **VISUAL:** Read the scripture on the board.
2. Have the TTs point out the Scripture Memory Verse.

Prayer: 30 seconds

1. **TG:** Pray for the entrepreneurs and praise God for giving us the ability to work. Keep it short and upbeat.
2. This is not a time for personal prayer requests. Some of the entrepreneurs may not be followers of Jesus. The point of the prayer is to bring closure to the meeting by focusing on God without assuming everyone already has a relationship with him.

CREATED TO WORK

Key Learning Points

- All work is service.
- Work is not a curse, it is something we are created to do.
- We must learn what our talents are and then work to develop them.

“Work brings profit, but mere talk leads to poverty!”

Proverbs 14:23

“Wise words bring many benefits, and hard work brings rewards.”

Proverbs 12:14



What do I naturally like to do?

What groups of people or what needs do I care about?

What kinds of things am I good at doing?

Weekly Challenge

Find a way to apply my talents into my business this week.

Scripture Memory Verse

“Wise words bring many benefits, and hard work brings rewards.”

Proverbs 12:14

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MY SPIRITUAL HUNGER

Session Overview

Affirmation and Follow-up: 1 minute
Physical Hunger: 3 minutes
Different Diets: 6 minutes
Not Only Bread: 7 minutes
Feeding Our Hunger: 5 minutes
Scripture Memory Verse: 1 minute
Weekly Challenge: 1 minute
Prayer: 1 minute
Total Time: 25 minutes

Theme Connections

Relationship with God
Seeking spiritual growth

Supplies Checklist

- Name tags
- Whiteboard or flip chart
- Whiteboard markers or permanent markers
- Whiteboard eraser
- Pens
- Bibles
- Athlete visual
- Couch Potato visual
- Starving Person visual

Preparation

- Put on a name tag and make sure all facilitation staff have one on as well.
- Write necessary text on the board.
- Put necessary materials on the tables.
- Bookmark the appropriate scriptures in the Bible so they will be easy to find.
- Write down the page numbers for others to follow along.
- Place Prestick on the back of the visuals and post them to the wall.

Write on the board:

MY SPIRITUAL HUNGER

Key Learning Points

- Spiritual hunger is like physical hunger.
- Feeding our spiritual hunger is as important as feeding our physical hunger.

Key Scriptures

Matthew 4:4 on page _____

Psalm 119:92-93 on page _____

Scripture Memory Verse

“But Jesus told him, ‘No! The scriptures say, people do not live by bread alone, but by every word that comes from the mouth of God.’”

Matthew 4:4

Affirmation and Follow-up: 1 minute

1. Affirm an entrepreneur by picking a specific example of something he/she has done well and share it with the training room.
2. “Our Weekly Challenge from last session was to memorise Jeremiah 29:11. Is there a volunteer who can share Jeremiah 29:11 from memory?”

“‘For I know the plans I have for you’, says the Lord. ‘They are plans for good and not for disaster, to give you a future and a hope.’”

Jeremiah 29:11

3. **WBK:** Take a moment to ensure the entrepreneurs are on the Workbook page entitled: “My Spiritual Hunger.”

Physical Hunger: 3 minutes

1. “Today we are going to explore the topic of spiritual hunger.”
2. **AT:** “What happens to our bodies when we feel physical hunger? Are we strong? Are we alert? Do we have energy?”
3. Wait for the answer: No, we become weak.
4. **AT:** “What happens when we choose to fill our hunger?”
5. Wait for the answer: We become strong again.
6. **AT:** “What would happen if we were to choose to ignore our hunger pains and not feed our bodies?”
7. Wait for the answer: If we choose not to feed ourselves, we would no longer be able to function, our bodies would shut down and we would die!

LC TIP: Emphasise “choose” because we will later describe how we choose to feed our spiritual hunger as well.

Different Diets: 6 minutes

1. **VISUAL:** Point to the three posted visuals: Athlete, Couch Potato and a Starving Person.
2. “Here, I have three types of people.”

3. **VISUAL:** Point to the Athlete visual on the wall.
4. “The first person is an athlete who is physically fit, strong and full of energy.”
5. **VISUAL:** Point to the Couch Potato visual on the wall.
6. “The second person is a couch potato who sits in front of the TV all day and thinks healthy food and exercise are a waste of time.”
7. **VISUAL:** Point to the Starving Person visual on the wall.
8. “The third person is starving and does not have enough food. His body shows that he does not have strength and energy.”
9. Assign one visual to each Table Group.
10. **TG:** “Let’s discuss the diet of our Table Group’s character. In our Workbooks, write down what we think our character eats and how often?”
11. **WBK/TR:** “Let’s have one volunteer from each table tell us what they discovered. There is space in our Workbooks to write down some of these ideas.”
12. There will be a variety of answers. After all of the Table Representatives have shared, take the opportunity to rephrase the key points below for each character.
13. **VISUAL:** Point to the Athlete visual on the wall.
14. “The athlete probably has a strict diet with many fruits and vegetables. This athlete also eats lots of protein to build strong muscles. And this person stays away from too many desserts and drinks full of sugar.”
15. **VISUAL:** Point to the Couch Potato visual on the wall.
16. “The couch potato does not have a strict diet. This person eats all kinds of junk food. He eats lots of sweets and enjoys anything chocolate. This person eats whatever is within reaching distance of the couch.”
17. **VISUAL:** Point to the Starving Person visual on the wall.
18. “The starving person struggles to find enough food to eat. The food that is eaten is not very nutritious and provides little vitamins and minerals for a healthy body.”

LC TIP: If there are more than three tables, assign two tables the same visual.

Not Only Bread: 7 minutes

1. **VISUAL:** Point to the Key Learning Point on the board.
2. “Spiritual hunger is much like physical hunger.”
3. “All of us experience spiritual hunger—a desire deep inside of us to know God personally.”
4. “Just like the athlete, the couch potato and the starving person, we choose to fill our spiritual hunger in different ways.”
5. “If we are like the athlete, we fill our spiritual hunger with reading and understanding God’s Word.”
6. “If we are like the couch potato, we fill our spiritual hunger with experiences that do not challenge us to live holy lives. Instead we fill our spiritual hunger with whatever is fast, easy and comfortable.”
7. “If we are like the starving person, we do not fill our spiritual hunger with much of anything.”

8. "Jesus spoke about how we should fill our spiritual hunger in Matthew 4:4, which is on page _____."
9. Wait for the entrepreneurs to find the scripture in the Bible.
10. **WBK:** Read the scripture out loud from the Bible.

"But Jesus told him, 'No! The Scriptures say, people do not live by bread alone, but by every word that comes from the mouth of God.'"

Matthew 4:4

11. "If someone does not have food and water for a long time, their physical body will become weak and at some point die. Like physical hunger, if we ignore our spiritual hunger long enough, our spiritual hunger will die because we have chosen not to feed it."
12. "But if we choose to feed our spiritual hunger with the Bible, then we will be nourished and become strong and healthy people."
13. "In Psalm 119, King David shows us how we should come to the Bible. David understood God's words to be his source of life and hope. He enjoyed it. He continued to think about it. He understood that God spoke to him through it."
14. "Let's read Psalm 119:92-93, which is on page _____."
15. Wait for the entrepreneurs to find the scripture in the Bible.
16. **WBK:** Read the scripture out loud from the Bible.

"If your instructions hadn't sustained me with joy, I would have died in my misery. I will never forget your commandments, for by them you give me life."

Psalm 119:92-93

Feeding Our Hunger: 5 minutes

1. "The Bible is more than instructions or rules. It is more than just stories, poems and letters. It is the words of God speaking with us. We can hear God's voice in our lives when we read it."
2. **WBK/IP:** "In Pairs, let's discuss a question that can be found in your Workbook."
 - How can I feed myself spiritually in the coming week?

Scripture Memory Verse: 1 minute

1. **VISUAL:** Read the scripture on the board.
2. Have the TTs point out the Scripture Memory Verse.

Weekly Challenge: 1 minute

1. "Our Weekly Challenge is to feed yourself spiritually like an athlete would feed themselves physically."
2. "Next week's session will be on having a conversation with God."

Prayer: 1 minute

1. **AT:** Pray for the entrepreneurs and praise God for giving us a spiritual hunger that he alone fills. Keep it short and upbeat.

MY SPIRITUAL HUNGER

Key Learning Points

- Spiritual hunger is like physical hunger.
- Feeding our spiritual hunger is as important as feeding our physical hunger.



Different Diets:

Athlete _____

Couch Potato _____

Starving Person _____

“But Jesus told him, ‘No! The scriptures say, people do not live by bread alone, but by every word that comes from the mouth of God.’”
Matthew 4:4

“If your instructions hadn’t sustained me with joy, I would have died in my misery. I will never forget your commandments, for by them you give me life.”
Psalm 119:92-93

How can I feed myself spiritually over the next week?

Weekly Challenge

Feed myself spiritually like an athlete would feed themselves physically.

Scripture Memory Verse

“But Jesus told him, ‘No! The scriptures say, people do not live by bread alone, but by every word that comes from the mouth of God.’”

Matthew 4:4

STEWARDSHIP IN MY LIFE

Session Overview

Affirmation and Follow-up: 1 minute
What it Means to Create: 4 minutes
Purpose Behind Creation: 3 minutes
Creation Story: 4 minutes
Business as Stewardship: 10 minutes
Scripture Memory Verse: 1 minute
Weekly Challenge: 1 minute
Prayer: 1 minute
Total Time: 25 minutes

Theme Connections

Character
Stewardship
Work ethic

Supplies Checklist

- Name tags
- Whiteboard or flip chart
- Whiteboard markers or permanent markers
- Whiteboard eraser
- Pens
- Prestick
- Bibles
- Creche visual
- Supermarket Teller visual
- Security Guard visual
- Stewardship visual

Preparation

- Put on a name tag and make sure all facilitation staff have one on as well.
- Write necessary text on the board.
- Put necessary materials on the tables.
- Bookmark the appropriate scriptures in the Bible so they will be easy to find.
- Write down the page numbers for others to follow along.
- Place Prestick on the back of the visuals and have them easily accessible.
- Put the visuals in the correct order of appearance.

Write on the board:

STEWARDSHIP IN MY LIFE

Key Learning Point

- Stewardship: Taking care of something that belongs to someone else.

Key Scriptures

Genesis 1:27-28 on page _____

Genesis 2:15 on page _____

Scripture Memory Verse

“The earth is the Lord’s, and everything in it. The world and all its people belong to him.”

Psalm 24:1

Affirmation and Follow-up: 1 minute

1. Affirm an entrepreneur by picking a specific example of something he/she has done well and share it with the training room.
2. “Our Weekly Challenge from last session was to pray for our relationships, families and businesses. Who would like to share their experience of listening to God for wisdom?”
3. **WBK:** Take a moment to ensure the entrepreneurs are on the Workbook page entitled: “Stewardship in My Life.”

What it Means to Create: 4 minutes

1. “Today we will be looking at our responsibility to steward God’s creation.”
2. **VISUAL:** Hold up the Creche visual.
3. **AT:** “What are workers at a creche trusted to do?”
4. Wait for the answer: The person operating the creche is trusted to take care of the children.
5. **AT:** “Does this creche own the children inside?”
6. Wait for the answer: No!
7. Post the Creche visual to the wall.
8. **VISUAL:** Hold up the Supermarket Teller visual.
9. **AT:** “What is a teller trusted to do?”
10. Wait for the answer: The teller is trusted to process payments for their supermarket.
11. **AT:** “Does the teller at the supermarket own the money in the till?”
12. Wait for the answer: No!
13. Post the Supermarket Teller visual to the wall.
14. **VISUAL:** Hold up the Security Guard visual.
15. **AT:** “What is the security guard trusted to do?”
16. Wait for the answer: The security guard is trusted to protect someone else’s property.

17. **AT:** “Does the security guard own the property he protects?”
18. Wait for the answer: No!
19. Post the Security Guard visual to the wall.
20. “These businesses are trusted with people, money and resources that do not belong to them.”

Purpose Behind Creation: 3 minutes

1. “Our businesses have a purpose.”
2. **AT:** “What is the purpose of business?”
3. Wait for the answer: The Purpose of Business is to fill a need in the community better than the Competition.
4. “For example, a tailor’s business has cloth as the raw material, but there is a purpose for that cloth. The cloth will be sewn into a jersey or a skirt. The purpose of the tailor’s business is for the community’s need for clothes.”
5. “Let’s think even bigger than our businesses now. Have you ever thought about the purpose of this world? How did it get here and why we are here?”
6. “We know from our own experiences that things are created for a purpose. So what is the purpose of the world and the people in it?”
7. “The Bible tells us about the creation story. This is a true story which explains the purpose for our lives and the world we live in.”

LC TIP: These are questions that do not need a response.

Creation Story: 4 minutes

1. **TG:** “In our Table Groups let’s read the creation story in Genesis 1:27-28 and Genesis 2:15, which is on page _____:”
2. Wait for the entrepreneurs to find the scripture in the Bible.
3. **WBK:** Read the scripture out loud from the Bible.

“So God created human beings in his own image. In the image of God he created them; male and female he created them. Then God blessed them and said, ‘Be fruitful and multiply. Fill the earth and govern it. Reign over the fish in the sea, the birds in the sky, and all the animals that scurry along the ground.’”
Genesis 1:27-28

“The Lord God placed the man in the Garden of Eden to tend and watch over it.”
Genesis 2:15

4. “The Bible says a lot about stewardship.”
5. Read the following bullet points out loud:
 - God created the earth and everything in it.
 - God’s original creation was good.

- God is the ruler of all things.
- All things belong to him.
- We were created in the image of God for three wonderful purposes:
 - To worship God
 - To have relationships with one another
 - To work

Business as Stewardship: 10 minutes

1. “Our lives belong to God because he created us and everything in the world—so we own nothing.”
2. “Even though we don’t own creation, we are responsible for caring for it.”
3. “The word for this special responsibility is stewardship, which means looking after something that belongs to someone else.”
4. “Being a good steward means taking care of these things in the way that God wants us to.
5. “Our lives involve stewardship of three important things: People, money and resources.”
6. **VISUAL:** Hold up the Stewardship visual and briefly explain the different parts.
7. **WBK/TG:** Examine the visual in Table Groups.



8. TTs ask this question:

- How does the idea of stewardship apply to our businesses? (Have them fill in the chart in their Workbooks)

Things I steward	Specific examples in my life
People	
Money	
Resources	

Scripture Memory Verse: 1 minute

1. **VISUAL:** Read the scripture on the board.
2. Have the TTs point out the Scripture Memory Verse.

Weekly Challenge: 1 minute

1. “Our Weekly Challenge is to be better stewards of people, money and resources in our lives.”
2. “Next week’s session will be on the father heart of God.”

Prayer: 1 minute

1. **AT:** Pray for the entrepreneurs and ask God to show us how to wisely steward the people, money and resources he has given us. Keep it short and upbeat.

STEWARDSHIP IN MY LIFE

Key Learning Point

- Stewardship is taking care of something that belongs to someone else.

“So God created human beings in his own image. In the image of God he created them; male and female he created them. Then God blessed them and said, ‘Be fruitful and multiply. Fill the earth and govern it. Reign over the fish in the sea, the birds in the sky, and all the animals that scurry along the ground.’”

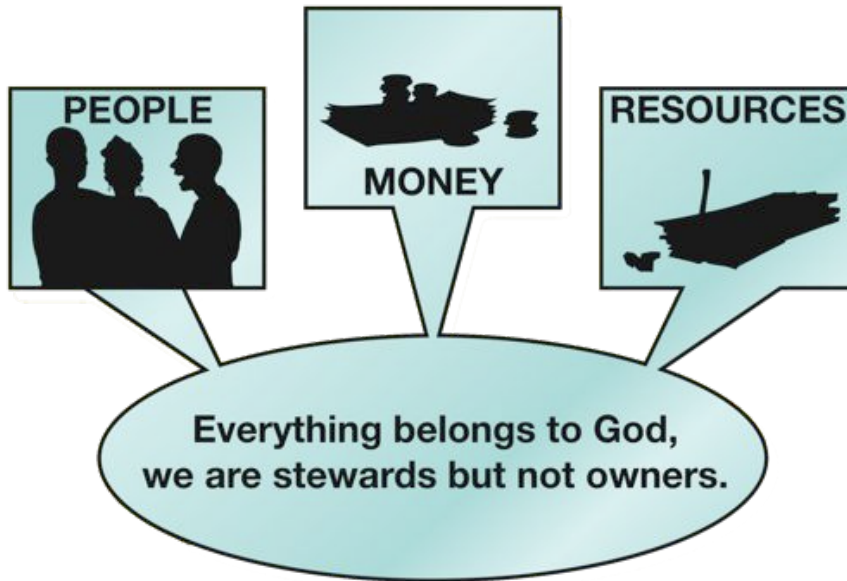
Genesis 1:27-28

“The Lord God placed the man in the Garden of Eden to tend and watch over it.”

Genesis 2:15



STEWARDSHIP IN MY LIFE



Things I steward	Specific examples in my life
People	
Money	
Resources	

Weekly Challenge

Be a better steward of people, money and resources in my life.

Scripture Memory Verse

“The earth is the Lord’s, and everything in it. The world and all its people belong to him.”

Psalm 24:1